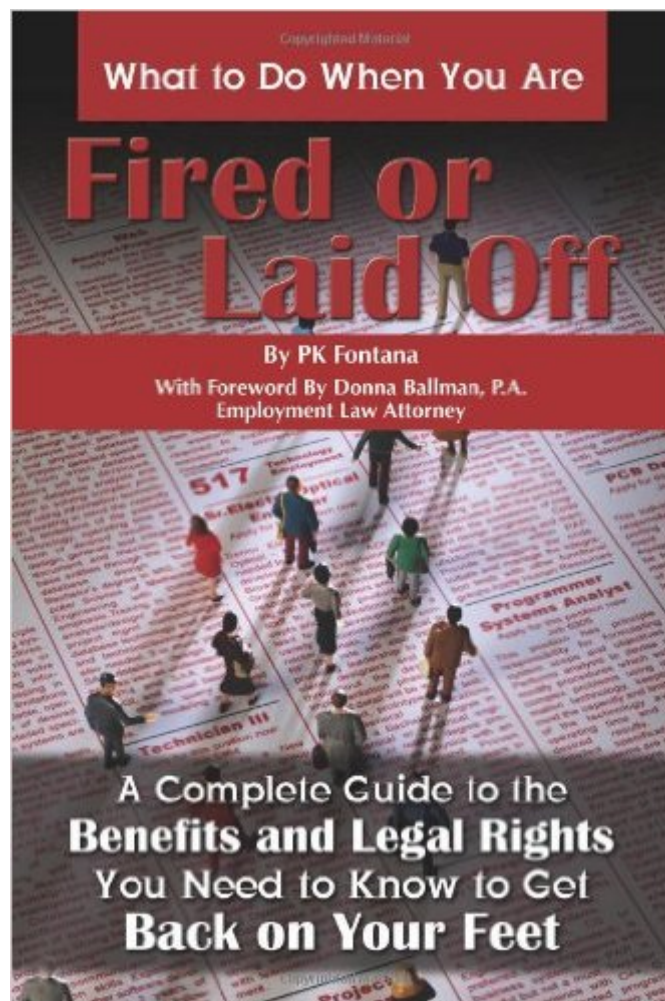


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# What To Do When You Are Fired Or Laid Off: A Complete Guide To The Benefits And Legal Rights You Need To Know To Get Back On Your Feet



## Synopsis

In the last several years, more than a million jobs have been lost in the United States, many of them due to the closure of plants, factories, or downsizing in shrinking companies. Millions more people have lost their jobs due to being fired, restructuring, or mergers in major corporations. Many thousands more are expected to lose their jobs in the year to come and that leads many to wonder what rights and benefits they have to help them recuperate and get back on their feet. This comprehensive guide to the laws and benefits provided to those individuals who have lost their jobs, for whatever reason, will help you discover exactly what you can do to ensure you have the resources you need to salvage your life and your career after losing a job. A complete listing of the requirements your employer is bound to and the legal implications of your particular situation will be provided in multiple chapters broken down to reflect the various situations in which you lost your job. If you were laid off due to a factory closing, you will be given advice on how much of your retirement benefits you are entitled to, how much notice your employer is legally required to provide you (as per the WARN act), and what you can do in the final 60 days to shore up future employment. If your company downsizes, you will be given detailed descriptions of the laws that apply to your workplace according to where you work and how long you have worked there. You will learn what opportunities the federal government provides to those who have lost their jobs, including unemployment benefits and welfare coverage. You will also learn about how you can take advantage of additional workforce training to further your technical skills. You will learn how to handle your taxes while unemployed. You will learn how to know if your firing was legal and if you have a legal basis to reproach your company for laying you off. If you were unfairly terminated, you will be shown how you can approach an attorney and what you need to provide to win your case. Finally, you will be shown which resources and tools are available to help you get back on your feet, finding a new job that utilizes your skills and training. You will learn how you can modernize your skill set with additional training, seek out hiring services, and supplement your income between jobs with temporary or part-time opportunities. Hours of expert opinions have been gathered into this book from hiring managers, employment lawyers, and other experts in the field to help you know exactly what rights you have and what you can do to recover. If you have been laid off, fired, or unfairly terminated, this book will provide you with everything you need to minimize the stress and suffering of your situation and get back on your feet in no time. Atlantic Publishing is a small, independent publishing company based in Ocala, Florida. Founded over twenty years ago in the company president's garage, Atlantic Publishing has grown to become a renowned resource for non-fiction books. Today, over 450 titles are in print covering subjects such as small business, healthy living, management,

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## **Customer Reviews**

Ordered chronologically by steps, this book has everything, including how to prepare yourself before you lose your job, how to protect yourself legally during the process, how to protect yourself financially (including health insurance!), and how to get back on your feet afterwards. It's like a how-to book on every process related to jobs, before, during, and after. Even if you haven't been laid-off/fired yet and are just considering your options, this book is a great source of information. Book gives how-to's on job fairs, resumes, cover letters, interviews, and much, much more. Case studies are very helpful. Each case study gives a detailed account of showcased person's experience and subsequent advice to others. The appendix at the end is very useful. It contains several resources, laws and contact information, sometimes even separated by state (as are parts of the book, making it an easy go-to guide). To keep readers from falling asleep, there are very

entertaining pictures sprinkled throughout the book. (I especially like the one on p.44). However, the book is targeted towards jobs with corporate industries. Some chapters may not apply if you're employed as part of an university or research organization. Still, there's enough information in this book that applies to all job types. Overall, the book contains tips and facts that are good to keep in mind, regardless of employment status. Though some of the advice we've probably all heard at least a hundred times, everyone should be aware of all their legal rights, especially during the current economic situation. Like the foreword says, "If you choose to read this book before you are fired, you will learn exactly what to do to prepare yourself financially and legally before it is too late." In other words, better safe than sorry.

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